



SuccessClub
Be better in the next second than you were in the last

2025/26

A Year of Success



SUCCESS CLUB 2025 EVALUATION
A YEAR OF IMPACT & GROWTH



SuccessClub

Be better in the next second than you were in the last

Table of Contents



1. OVERALL REACH

2. THINKING INTO RESULTS

3. FIT4GROWTH

4. MINDFUL MENTORS

5. HAF PROGRAMME

6. COOK & CONNECT

7. READING HEROES

8. A MOMENT OF CALM

9. WELLBEING DAYS

10. TRAINING & DEVELOPMENT

11. VOLUNTEER IMPACT

12. OUR BOARD

13. LOOKING AHEAD

Overall Reach

What We Do: Deliver transformative programmes that empower children, families and schools through wellbeing, skills development and community connection.

Why It Matters: We have created lasting change by fostering confidence, resilience and social inclusion for over 2,500 beneficiaries across 30 schools.

Impact Highlights 2025:

- 2,547 beneficiaries
- 30 schools engaged
- 440 hours spent in schools
- 14 core programmes delivered
- 757 sessions delivered
- 19 families and 27 children supported in Cook & Connect
- 237 HAF (Holiday Activities and Food) participants; 35+ SEND participants
- Approximately 2,900 meals provided
- 158 hours of teacher and facilitator training delivered



Thinking into Results

Supports pupils to develop emotional regulation, confidence and positive learning behaviours.



Primary Schools (St Michael's CofE, Starksfield, Latymer All Saints)

Thinking Into Results delivered exceptional outcomes across our primary schools. At St Michael's, 100% of pupils enjoyed the sessions and over 90% reported improved confidence, self-control, self-esteem and behaviour awareness. Children told us, **"I know now what to do when I get upset,"** and **"I don't doubt myself or think so bad about myself anymore."** At Starksfield, pupils felt calmer, more confident and ready for secondary school, with one saying, **"These sessions made me feel brave about myself and love myself."** Engagement remained consistently high with students embracing growth mindset, full-body listening and calming techniques.

Secondary Schools (Winchmore & Chace Community School)

Secondary students strengthened emotional regulation, motivation and relationships with 100% of Chace Year 9s saying they respected Success Club staff and were learning valuable skills as well as 80% feeling emotionally safer. Students also shared, **"I learnt about discipline,"** **"I feel listened to,"** and **"I've learnt not to take my anger out on other people."** Many reported better behaviour, focus and relationships with staff, showing the programme's deep impact on wellbeing and engagement in learning.

446 sessions delivered

Fit4Growth

Fit4Growth is a blended boxercise and mentoring programme that provides small-group, trauma-informed wellbeing support for pupils who benefit from a safe and structured space. Students consistently reported feeling calmer, more confident and better able to manage real-life challenges.

Primary Schools (Brunswick Park & Coldfall Primary School)

Fit4Growth gave pupils a supportive space to build teamwork, communication and self-belief. At Brunswick Park, pupils showed exceptional enthusiasm and emotional growth, with one capturing a key insight: **“Confidence is knowing you can do something well, arrogance is comparing how well you do it to someone else.”** Staff reported clear improvements in communication, positivity, motivation and resilience, with students thriving in activities from role-play to boxing and showing growing leadership as they guided peers.

Secondary Schools (Chace Community School)

Secondary students described Fit4Growth as a safe, calming space to talk openly, build confidence and learn self-control. 100% felt part of a team and 80% reported increased confidence and resilience. Students told us, **“I feel like I’m heard and I have someone to speak to if I need to,”** and **“I wasn’t usually confident... but now I am more than I used to be.”** Many said they felt calmer, more focused and more comfortable expressing themselves summed up simply by one student: **“I got comfortable here.”**

74 sessions delivered



[LINK TO VIDEO](#)

Mindful Mentors

The Mindful Mentors programme at Brimsdown Primary supported 12 Year 5 and 6 pupils through an 8-week journey in mindfulness, emotional awareness and peer leadership, culminating in a graduation where students confidently led parents and classmates in guided practices.

Pupils reported feeling calmer, happier and better able to manage worries, with 90% feeling more positive about the future, 80% feeling happy coming to school and 70% being able to use stress-management techniques independently.

Students reported using breathing techniques and visualisations to stay calm **“Whenever I feel worried, I can take a deep breath or talk to someone I trust.”** The programme also strengthened peer support, with 80% feeling confident helping others. Transformational individual stories emerged, including students like Saad, who grew from uncertainty around emotions to confidently using bear hugs and yoga poses to regulate and Erdi, whose school teacher noted a remarkable rise in confidence and participation in class. Parents also saw impact at home, with one sharing, **“He has supported me with guided meditations which have really helped me to breathe.”** Overall, Mindful Mentors nurtured confidence and kindness, empowering students to support both themselves and their school community.



Holiday Activities & Food (HAF)

Offers inclusive, high-quality holiday provision for children aged 5–11, including those with SEND. Parents reported improved confidence, social skills and positive mental wellbeing. Our Easter and Summer HAF programmes welcomed record numbers, supporting over 200 children, including many with high-level SEND.

Children enjoyed a rich mix of activities from steel pans and boxing to gardening and crochet, while parents reported significant boosts in confidence, social skills and wellbeing. One parent shared, **“She came out with a massive smile and wanted to go back again,”** while others said, **“It has built their confidence and their social skills... they enjoyed every single activity.”** and **“My daughter everyday came out happy, she made friends, she thoroughly enjoyed everything, all activities too, she even learnt how to crochet so she has gained a new hobby, friends and experience that she won't forget and wants to return in the future: Thankyou to all staff for everything you did for the children , you're all amazing “**

The food was extremely well received and described as **“tasty, fresh and healthy,”** with some children especially enjoying it because it felt **“made with love”**

18 programmes delivered

[LINK TO VIDEO](#)





HAF



Cook & Connect

Cook & Connect brought families together through three 8-week programmes, delivering hands-on cooking; integrated mindfulness and a shared meal.

Families developed practical skills, gained confidence and learned strategies to prepare nutritious, affordable meals while building stronger family and community connections.

Including 19 families, 46 beneficiaries and over 1,200 meals cooked and shared, the programme strengthened confidence, connection and practical skills.

Parents described transformative experiences: **“It helped me connect with my child”** **“I’m so thankful I was given the opportunity”** and **“We loved it!”**.

Families left with over 10 new recipes, new routines and a renewed sense of togetherness and the programme was so valued that an additional two festive sessions were added in December to celebrate its success.

“I’m so thankful I was given the opportunity to take part in the cooking programme. As a single parent with providing childcare for my 2 year old, it gave me the opportunity to spend 1 to 1 time with my eldest and learn new skills”



Reading Heroes



Success Club volunteers visit the same children in school each week, offering dedicated reading time to pupils identified as having little or no adult reading support at home.

In its first year, Reading Heroes made a remarkable impact, supporting 38 children who had little or no reading input at home. Volunteers built warm, consistent relationships that helped children rediscover the joy of books.

Schools reported increased engagement in reading lessons, with one Deputy Head saying, **“Since the project, children are keen to read to and with their Reading Hero and share the stories they have read. It has been wonderful to hear the children discussing and chuckling at the books they have read and heard. Teachers have commented on raised engagement during reading lessons which will inevitably have an impact on progress and attainment.”**

The programme has quickly become a valued part of school life, offering children encouragement, attention and a love of stories.

A Moment of Calm

A Moment of Calm supports Year 6 pupils with practical mindfulness workshops and booklets at a key transition point.

Delivered to 24 primary schools, 'A Moment of Calm' gave Year 6 pupils and teachers a rare opportunity to pause, breathe and reset.

Children reported feeling **"calmer and relaxed,"** while teachers praised the project for offering tools they could use daily: **"The strategies and booklet have been well used at our school,"** and **"We hardly ever get a chance to just stop together this was so helpful."**

Online teacher training deepened the impact, giving staff confidence to embed mindfulness practices into their classrooms.

"The children knew explicitly tools that they have which could help them if they needed to take a breath, have a moment or refocus themselves. They liked the fact that no one would know they were doing it."

26 sessions delivered

[LINK TO VIDEO](#)



Wellbeing Days



Delivering whole-year group wellbeing experiences, fostering resilience and positive school culture.

Two whole-year wellbeing days for Year 11 and Year 7 received outstanding feedback, with all workshops scoring 5/5.

Teachers described the days as **“brilliant,” “very well thought out,”** and **“the best enrichment day yet.”** Students loved the mix of mindfulness, boxercise, yoga, dance and multisport, sharing comments like, **“They kept motivating us,”** and **“It was a really nice environment... they were patient and cared if we enjoyed it.”**

The days boosted confidence, emotional regulation, peer relationships and engagement creating a memorable, uplifting experience for every student involved.

Training & Development

Success Club invested heavily in staff development throughout 2025, delivering 158 hours of high-quality training across our teams to ensure safe, skilled and impactful programme delivery.

- **Facilitator CPD:** Termly in-person training (Jan/May/Sept) strengthening safeguarding, session planning, progress tracking and 'Thinking Into Results' theory.
- **Annual Staff Away Day:** A June '25 gathering at Myddelton House for staff, trustees and volunteers to unite, reflect and celebrate.
- **Teacher Training:** Tony Dallas delivered training in four 'Thinking Into Results' schools to embed programme principles into daily classroom practice.
- **Mindfulness Training:** 11 staff and volunteers completed an accredited 8-week online MBSR programme.
- **Food Hygiene Certification:** 3 kitchen volunteers and all HAF/Cook & Connect kitchen staff achieved Level 2 or 3 food-hygiene qualifications.



Volunteer Impact

Over 2025 our amazing Success Club Volunteers have made a huge difference. Our Volunteers bring fresh ideas, diverse skills, heritage and cultures as well as lived-experience and passions. Thanks to volunteer support, we've increased capacity, improved staff-to-child ratios, reached more children and set ourselves up well for future growth.

Our Volunteers Powered This Year:

- 28 volunteers
- 788.5 total volunteer hours
- 18.5 trustee volunteer hours
- 52 training hours

“Volunteering at Success Club has been even more rewarding than I imagined. Getting to see kids growing, learning, and believing in themselves more is an immense privilege. It's amazing to be a small part of their journeys.”

Ana, Volunteer

Our Board

Success Club is powered by a dedicated team and a committed Board of Trustees who bring deep expertise, lived experience and a shared passion for improving children's wellbeing.

Our trustees provide strong strategic leadership, safeguarding oversight and governance that keeps our mission focused and our impact growing. Alongside them, our diverse team of facilitators, office staff and volunteers bring compassion and professionalism to every session, school and family we work with. Together, we create the safe, inspiring environments where children feel heard, supported and able to thrive. Meet the people behind our work, in our "Meet Our People" video below.



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FOUNDER/CEO

TONY DALLAS



In May 2025 **Rob Challis**, our chair and an integral part of who we have become as a charity, sadly passed away. Rob supported our CEO Tony at the charity's conception and then championed the Success Club cause without apology. He believed that every child should be allowed to learn and thrive and that poverty or political circumstances should never get in the way of that. We miss him greatly and will always be thankful for the role he played in helping Success Club reach where it is now. His legacy will continue to motivate us as we strive to change the landscape of education in the future.

[LINK TO VIDEO](#)

Looking Ahead

Success Club goals for 2026



Our Goals:

- Expand our impact and reach across the borough of Enfield and beyond.
- Develop our work with parents, carers and other adult stakeholders of children's wellbeing.
- Roll out Reading Heroes to a further 10 schools in partnership with Enfield Libraries.
- Take our new 'Six Hours To Success' programme, piloted in 2025, into two new schools.
- Enhance our organisational capacity by continuing to recruit high calibre volunteers and upskilling our staff and volunteers through world-class training.
- Securing our financial resilience by continuing to partner with Trusts, Foundations, Corporate Donors and Individual Supporters.

London
Youth
QUALITY MARK
BRONZE ACCREDITED
2023-26

NEXUS
CONNECTING THE COMMUNITY FOR A BETTER ENFIELD

Partner with us

Our work in 2025 was made possible through the generosity, belief and partnership of the organisations and individuals below. Their support enabled us to reach more children and deliver programmes that build confidence and wellbeing across the borough.

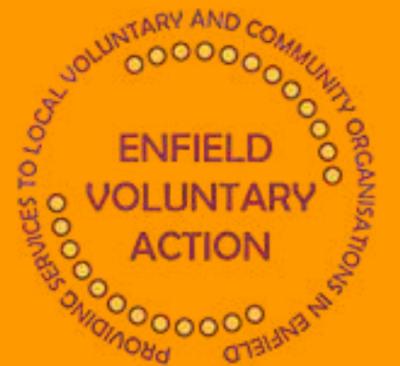
We would especially like to thank Sir Harvey and Lady McGrath for their generosity over the last seven years. They have helped enable Success Club to grow, thrive and support thousands of children and young people to be better in the next second than they were in the last.

MUCH LOVED DONATION -
ROB CHALLIS MEMORIAL

SIR HARVEY MCGRATH

TONY HILL

Irving Memorial Trust



The Worshipful
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Your support today will make 2026 an even greater success!



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